

Results of the
Holistic Health
Retreat in
Northern Germany,
Bad Zwischenahn
November 26-30, 2016

Zhineng Qigong Science HunyuanQi Therapy Retreat 2016

"With an open heart and mind, control of one's own consciousness is not only possible, but a logical outcome. A properly set healing intention for yourself and others is already the start of a healthier and more authentic life! We must learn to control our thoughts and know how to activate the Hunyuan Qi for holistic health promotion to heal ourselves and others to live our best life. "

Master Yuantong Liu

This course was aimed at people who suffer from serious or chronic diseases. Participants were requested to bring copies of their most recent medical reports such as Ultrasounds, X-rays, CT scans, MRI scans, etc. Zhineng Qigong Master Yuantong Liu and his team of international Hunyuan Qi therapists provided a framework of most effective health practices to assist the 45 participants in activating their Hunyuan Qi's self-healing powers. The success of this collaborative was checked through a before and after feedback questionnaire and after the retreat by their doctor. Participants were able to integrate all methods and exercises into their everyday lives after the course.



The retreat was organized by the Body & Mind Factory, Germany in co-operation with the Life Qi Center, Meishan, China and an international team of Hunyuan Qi Therapists
www.bodyandmindfactory.com | www.lifeqicenter.cmom | www.hunyuanqitherapy.com

Summary Results

Feedback Questionnaire

93% (37 out of 40) participants judged the participation in the Zhineng Qigong Science Hunyuan Qi Retreat as a success.

Content of the 5 days retreat:

Methods for activating and deepening self-healing based on Zhineng Qigong and Hunyuan Qi therapy

Construction of a powerful and effective healing Qi field for holistic health promotion

Daily exercises and self-healing work under the guidance of Master Yuantong Liu and an international team of Hunyuan Qi therapists

Stabilization of the mind, emotional balance, strengthen the immune system and body, develop better focus and concentration

Methods and exercises one can integrate into their everyday lives after the course

Of the 76 symptoms they came to get healing for, 54 were reported to be noticeably better at the end of the 5 day workshop, including

Remarkable improvements were noticed among others for the following symptoms:

- Asthma
- Arthritis
- Arthrosis
- Balance body and mind
- Chronic headache
- Convulsion
- Cysts
- Depression
- Energy shortage
- Fatigue Syndrome
- Fibroid
- Fibromyalgia
- Hay fever
- Heart discomfort
- Hearing loss
- Immune System
- Inflammation in the shoulder
- Lymp blockages
- Mental state
- Mental strength (Parkinson)
- Metabolic problems
- Muscle weakness (Parkinson)
- Myoma
- Nervous system
- Osteochondrosis
- Resilience (Multiple Sclerosis)
- Rheumatoid arthritis
- Shortness of Breath
- Stability (Parkinson)
- Tumor

**Today is a brand
new day**

Today is a brand new
day

Since our mind
awakened

Yesterday is past

Darkness disappeared

Sun rises up shining on
the world with its
intention

True self-awareness
nourishing our body
with its full love

Embracing the fresh
life of nature

Experiencing the
nature and us are one

Birthing a new life

Today is a brand new
day

Since our new
intention developed

Old perspectives
transformed

Harmful information
gone

The light of intention
shining through our
body, heart and soul

Thomas, The Netherlands

Qi Gong has helped me to cure my non-Hodgkin cancer which according to Western medicine is incurable. A challenge: this cancer has no location, but affects the whole body, one of his centres being the marrow of the bones. Certainly my intense daily practice has been crucial, but it was the healing sessions during the Hunyuan Therapy Workshop that have caused a breakthrough. After the last session I had an astonishing dream poetically picturing my healing - and a couple of weeks later a blood test indicated a decline of the crucial blood value into the lower area of the normal spectrum - a level an intense chemo-therapy had not been able to reach.

I can gratefully share: it works.

Lilly, Germany

Finally, my lung function is much better! Just a rest of a cold to be healed. But the most important thing is: I FEEL VERY WELL! Without the daily exercises, I cannot live any longer. It is integrated in my daily routine, quite easy.

Angelika, Germany

My lung functions have improved slightly. I have overcome my anxiety and claustrophobia and I am now able to do elevator rides on my own, which I could not do for over 10 years. I practice rolling the spine, turn waist and at least 20 minutes Chen Chi every day. The seminar was great for me. Yuantong Liu is a fantastic master and all the other Hunyuan Qi Therapists have also helped make it an unforgettable experience for me, the effects of which I still feel. I hope that Master Liu will come back to Bad Zwischenahn soon.

Maike, Germany

At the end of January 2017, I received my latest medical statements and results about the cancer. The tumor has become smaller. Whether the cells are still active or not, cannot be said at this moment. But I am confident. I had a radiotherapy with parallel chemotherapy in October and November 2016. I have had my last irradiation on Wednesday before I started the Zhineng Qigong Science Retreat. The radiation therapist said that the irradiation with side effects would continue for 2 weeks and then slowly get better. After the 5 days Zhineng Qigong, I already felt so good that I could go on week-long vacation immediately after the retreat. I see this as the success of the Zhineng Qigong training. I had pain and great soreness before the retreat. These problems were already gone during the 5 days of practice and teaching.

**Today is a brand
new day**

Waking up, giving
energy, nourishing and
guiding us into a new
path

A brand new life is
born

Today is a brand new
day

We are walking on the
brand new path

Breathing the fresh air

Enjoying the warm
lights of love from
inner sun

New intention of life

We experience

**Today is a brand
new day**

Yuantong Liu

July 11, 2015

About Zhineng Qigong

Zhineng Qigong is an effective system of methods and tools to achieve holistic health. In a natural way, vital functions of the body are restored, strengthened and improved.

Many of the 4 million Chinese Zhineng Qigong practitioners were very sick before entering the Huaxia Zhineng Qigong Training Center - also known as the first drug-free hospital in the world – but recovered during their stay. Between 1988-1994, over 130 000 Zhineng Qigong practitioners were enrolled as learners and were affected by up to 180 various, stubborn types of illness. During this period, the average cure rate was 85%.

The Traditional Chinese Medicine and Qigong Science believe that diseases are caused by Qi and blood deficiency and Qi and blood circulation disorders which results in an imbalance of various vital functions to occur. The Qigong practice and Hun Yuan Qi therapy increases Qi and blood in sufficient quantities and supports the uniform and smooth circulation of Qi and blood flow throughout the body.

May 11 – 21, 2017
in Hawi, Hawaii
USA

August 23-27, 2017
in Bad Zwischenahn
close to Bremen (Germany)

**Study and practice with Master Yuantong Liu and his
team of international Hunyuan Qi Therapists**

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Become a Hunyuan Qi Therapist!
November 2017 - December 2017
Cyprus | China | Hawaii



**Study and practice with Master Yuantong Liu to learn the
powerful secrets behind this leading Qi healing art &
science!**

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