

Results of the  
Holistic Health  
Retreat in  
Hawi, Hawaii  
USA  
May 2-11, 2017

# Zhineng Qigong Science HunyuanQi Therapy Retreat 2017

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“With an open heart and mind, control of one's own consciousness is not only possible, but a logical outcome. A properly set healing intention for yourself and others is already the start of a healthier and more authentic life! We must learn to control our thoughts and know how to activate the Hunyuan Qi for holistic health promotion to heal ourselves and others to live our best life. ”

Master Yuantong Liu

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This course was aimed at people who suffer from serious or chronic diseases. Participants were requested to bring copies of their most recent medical reports such as Ultrasounds, X-rays, CT scans, MRI scans, etc. Lew and Karin Witney from Kokolulu Retreat Centre in co-operation with Zhineng Qigong Master Yuantong Liu and his team of international Hunyuan Qi therapists provided a framework of most effective health practices to assist the 15 participants in activating their Hunyuan Qi's self-healing powers. The success of this collaborative was checked through a before and after feedback questionnaire and after the retreat by their doctor. Participants were able to integrate all methods and exercises into their everyday lives after the course.



The retreat was organized by the Kokolulu Farm and Cancer Retreat Centre in co-operation with the International Association of Hunyuan Qi Therapists  
[www.hunyuanqitherapy.com](http://www.hunyuanqitherapy.com) | <http://www.cancer-retreats.org>

## Summary Results

### Feedback Questionnaire

14 participants judged the participation in the Zhineng Qigong Hunyuan Qi Retreat as “very successful” and 1 as “successful”.

Of the 39 symptoms they came to get healing for, 38 were reported to be noticeably better at the end of the 10-day retreat.

Remarkable improvements were noticed among others for the following symptoms:

- Anxiety
- Arrhythmia
- Back pain
- Back problems
- Bladder infections
- Body image
- Carpel tunnel syndrome
- Childhood trauma
- Chronic Coughing
- chronic nerve pain
- Emotional stability
- Energy level
- Epilepsy
- Fatigue
- Frequent cold
- Gastro intestinal issues
- Hearing loss
- Heat flashes
- Hepatitis B
- Hip problems
- Imbalanced spine
- Improved sleep
- Insomnia
- Irritated skin
- Joint pain
- Liver / Spleen discomfort / malabsorption syndrome
- Lower back pain
- Lumbar smaland chronic inflammation
- More calm and relaxed
- More energy
- Neck cervical disc
- Numbness in arms
- Osteolytic parts of fractured vertebrae
- Peace of mind
- perirectal fistula abscess
- Prolapsed uterus
- Release grief
- Seizure activity
- Self-image
- Sinus / Fistula
- Tooth pain

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### Content of the 5 days retreat:

Methods for activating and deepening self-healing based on Zhineng Qigong and Hunyuan Qi therapy

Construction of a powerful and effective healing Qi field for holistic health promotion

Daily exercises and self-healing work

Hunyuan Qi Therapy Treatments under the guidance of Master Yuantong Liu and an international team of Hunyuan Qi Therapists

Stabilization of the mind, emotional balance, strengthen the immune system and body, develop better focus and concentration

Methods and exercises one can integrate into the everyday lives after the course

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**Today is a brand  
new day**

Today is a brand new  
day

Since our mind  
awakened

Yesterday is past

Darkness disappeared

Sun rises up shining on  
the world with its  
intention

True self-awareness  
nourishing our body  
with its full love

Embracing the fresh  
life of nature

Experiencing the  
nature and us are one

Birthing a new life

Today is a brand new  
day

Since our new  
intention developed

Old perspectives  
transformed

Harmful information  
gone

The light of intention  
shining through our  
body, heart and soul

## Testimonials

„Best experience ever!“ – Carolyn, Hawaii

„Such a wonderful retreat, an amazing team!“ – Karin, Hawaii

„Amazing healing, deeply grateful to everyone. The day before I left for Hawaii, the sinus scan showed a large contained dark area in my lower left sinus. The docs thought it was a fistula. The day I got back from Hawaii, they did another scan and it's totally clear! It is so affirming to receive the medical verification. I am so grateful to you and Master Liu and the HYQT Team for my healing.“ – Avalon, Ohio, USA

„Bodily helped reduce my symptoms tremendously, emotionally helped me let go of my grief, spiritually I connected my inner being for the first time.“ - Suga Kim, South Korea

„Huge improvement in peace of mind.“ - Sharon, Hawaii

„I am deeply impressed with Master Liu's integrity and the standards he sets.“ – Avalon, Ohio, USA

„I was inspired by the team to practice every day. I experienced the value of daily practise.“ - Cherry, Utah, USA

„Thank you so much for all your strong healing intentions, the powerful Qi field and all your support. You are phenomenal. There is very good news from my end: it worked. The tumor markers went way down (3 are back to normal) and the MRT showed a ¼ reduction of all 7 liver metastasis...the fractured vertebrae has notably begun to scleroses again...the radiologist wanted to know which chemo therapy I am taking! I am over the moon, thank you so very much!“ - Julia, Germany

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**Today is a brand  
new day**

Waking up, giving  
energy, nourishing and  
guiding us into a new  
path

A brand new life is  
born

Today is a brand new  
day

We are walking on the  
brand new path

Breathing the fresh air

Enjoying the warm  
lights of love from  
inner sun

New intention of life

We experience

**Today is a brand  
new day**

**Yuantong Liu**

**July 11, 2015**

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## About Zhineng Qigong

Zhineng Qigong is an effective system of methods and tools to achieve holistic health. In a natural way, vital functions of the body are restored, strengthened and improved.

Many of the 4 million Chinese Zhineng Qigong practitioners were very sick before entering the Huaxia Zhineng Qigong Training Center - also known as the first drug-free hospital in the world – but recovered during their stay. Between 1988-1994, over 130 000 Zhineng Qigong practitioners were enrolled as learners and were affected by up to 180 various, stubborn types of illness. During this period, the average cure rate was 85%.

The Traditional Chinese Medicine and Qigong Science believe that diseases are caused by Qi and blood deficiency and Qi and blood circulation disorders which results in an imbalance of various vital functions to occur. The Qigong practice and Hun Yuan Qi therapy increases Qi and blood in sufficient quantities and supports the uniform and smooth circulation of Qi and blood flow throughout the body.

**August 23-27, 2017**  
in Bad Zwischenahn  
close to Bremen (Germany)

**May, 2018**  
in Hawi, Hawaii  
USA

**Apply powerful self-healing methods under the guidance  
of Master Yuantong Liu and his team**

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**Become a Hunyuan Qi Therapist!**  
**November 2017 - December 2017**  
Cyprus | China | Hawaii



**Study and practice with Master Yuantong Liu to learn the  
powerful secrets behind this leading Qi healing art &  
science!**

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